

Child Care Health Consultation Lesson Plan

Contractor Name: CCHC Program

Date Submitted: March 11, 2016 by Pettis County

☐ **Children's Health Promotion**

Adult Training on Content Area V: Health and Safety	Health and Safety Standards	Training Levels
Select one standard and one level	<input type="checkbox"/> Promoting Risk Management Practices	<input checked="" type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5
	<input type="checkbox"/> Protecting Children and Youth	Source: Core Competencies for Early Childhood and Youth Development Professionals (Kansas and Missouri), 2011
	<input checked="" type="checkbox"/> Promoting Physical Health	
	<input type="checkbox"/> Promoting Mental Health	
	<input type="checkbox"/> Promoting Healthy Eating	

Title: Sensory Integration -- What Does It All Mean?

Training Goal: Child care providers will learn basic functions of the central nervous system, recognize that some children have disorders in their sensory processing, and know how to make adjustments in their child care environments to support these children.

Learning Objective(s): Participants will:

- Define basic functions of the central nervous system
- Recognize responses in children that may signal disorders in their sensory processing
- Identify adjustments the provider can make that support children who may have sensory processing disorders

Topical Outline of Content	Training Method(s)	Time (in minutes)
Introductions	Lecture/class participation	5
Central Nervous System Basics	Lecture/Power point	5
Senses we are familiar with (touch, taste, smell, see, hear)	Lecture/Power point	10
Other important senses—Proprioception & Vestibular	Lecture/Power Point	10
Sensory Integration Mechanics Breakdowns Healthy brain development	Lecture/Power Point	20
Causes and types of disorders ASD, ADD, ADHD, LD, ODD, Dyslexia, etc.	Lecture/Power Point	15
Influences on development—Environment & Movement	Lecture/Power Point	10
Developmental sequence, Modulation & Self-regulation	Lecture/Power Point	10
The 'Pillars' – Sleep, Nutrition, Hydration, Removing 'toxins'	Lecture/Power Point	15
Strategies for supporting children with sensory disorders	Lecture/Power Point	15
Wrap Up	Discussion	5
		Total: 120 min

Method(s) of Outcome Evaluation: Verbal responses to in class discussions and exercises

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Date Approved:
March 14, 2016

Authorized Approval Signature:
NOLA MARTZ, CCHC Program Manager

Date Expires:
March 2019